



Monroe County Food Pantries

Many area organizations have food pantries and also may provide other services like hot meals, hygiene supplies, clothing and other assistance. There may be limits on how often supports are accessed, income limits and other supplies and services (like financial assistance) are dependent upon availability.

SNAP Recipients: Please also refer to the Grocery Delivery listing as many local grocery stores will accept SNAP through either Instacart or via their website. There will be small fees included, but options are for pick up at the store or delivery. <https://www.lifespan-roch.org/resource-lists> (Select Grocery Options.)

Supplemental Food Access:

Food Cupboards: Area food cupboards are also resources to access food. There are listings of local food cupboards on the following pages. You can find the most up to date listing at <https://foodlinkny.org/find-food/>

NY Fresh Connects: At participating farmer's markets, farm stands or mobile markets, SNAP participants using their EBT benefits can receive an additional \$2 Fresh Connect check for every \$2 SNAP benefits exchanged for tokens. This match maxes out at \$50 per day. Participating sites can be found here: <https://agriculture.ny.gov/farmers-markets-county>

Rochester Public Market Token Program: The Public Market does participate in the NY Fresh Connects program. <https://www.cityofrochester.gov/markettokenprogram/>

Curbside Markets (via Food Link): Are mobile markets where you can shop for healthier choices, many may accept SNAP benefits. For more information: <https://foodlinkny.org/program/curbside-market/>

Community Meal Programs: There are places where you may be able to drop in for a free meal. Information on these sites is located at: <https://foodlinkny.org/find-food/>

Pop-Up Pantry: Food Link also brings emergency food relief to parts of their service area which have limited access to traditional food pantries. Information on these can be found at: <https://foodlinkny.org/program/pop-up-pantries/>

If you are over 60 or disabled and prefer to speak with someone about what benefits you may be eligible for, you can contact Monroe County's NY Connects team at (585) 325-2800.



Monroe County Food Pantries

ALL MONROE COUNTY

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Blessed Sacrament Supper Club 534 Oxford St Rochester, NY 14607 585-271-7240	All Monroe	---	M-F 5:30p-6:30p <i>(M-W in July & Aug)</i>	---	---	---	---	Also provides Ministry and Outreach
Catholic Charities Family and Community Services Community Resources Services Program Rochester, NY 14605 585- 232-2050 ww2.fcscharities.org/services/community-resource/	All Monroe	Call	---	---	---	---	Call*	Call and leave detailed message about emergency and will get a return call to schedule appointment in 2-3 business days. *Rent/Mortgage Assistance if available Languages: Spanish
House of Mercy 285 Ormond St Rochester, NY 14605 585-546-2580 houseofmercyrochester.org/	All Monroe	M-F 9a-3p	Call	---	Yes	Call	Call*	*Emergency Financial Assistance-if available (<i>utility bills, security deposits, back rent, personal IDs, birth certificates, funerals</i>) -Emergency Shelter -Drop in Social Services -Spiritual Services
Rochester Deaf Kitchen (located on Rochester School for Deaf Campus) 1545 St. Paul Street https://www.rochesterdeafkitchen.com/home	All Monroe Deaf residents	Hours Open: Wed 9-11am Sundays 1-4pm	---	---	---	---	---	Nonprofit serving the Deaf community of Rochester, NY. Grassroots volunteer-based organization.
The People's Pantry (formerly South Wedge Food Program) 555 Avenue D Rochester, NY 14621 585-325-4950 peoples-pantry.org/	All Monroe	W, F & SAT 9:30a-12p	---	Call	---	---	---	No longer makes deliveries



Monroe County Food Pantries

ALL MONROE (cont.)

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Salvation Army 70 Liberty Pole Way Rochester, NY 14604 585-987-9540 rochesterny.salvationarmy.org/empire/rochester/	All Monroe	M-F 9a-1p	---	Call	Limited <i>(infant and small children)</i>	Light-bulbs	Call*	-Advocacy/Referrals -Crisis Management -Stranded Traveler -Missing Persons -Fire Victim Assistance <i>(Needs Red Cross Referral)</i> -Prescription Assistance <i>(Must be for "life threatening" purposes)</i> When Available: -Bus Passes -*Financial Assistance if available
St. Joseph's House of Hospitality 402 South Ave Rochester NY 14620 (585) 314-8028 https://www.saintjoeshouse.org/blog/programs/hospitality/	All Monroe	---	Bag Lunch 11:30am to 12:15p Daily	Shower Avail TH 9a-11a	---	---	---	Open daily at 9a, coffee or tea available until they open or it is gone Also has a foot and nail clinic 3-4 times in late fall/early winter
Third Presbyterian Church 4 Meigs St Rochester, NY 14607 (585) 271-6513 thirdpresbyterian.org/	All Monroe	TH 9:15a-11:45a	SAT 11:00a-12n	Varies	---	---	---	Hygiene supplies vary based on donations.
Trillium Health Food Cupboard 259 Monroe Avenue Rochester, NY 14607 585-545-7200 https://www.trilliumhealth.org/patients-and-clients/food-cupboard	Open to anyone with a need for food	Call for Appt	---	---	---	---	---	Clients eligible once a month



Monroe County Food Pantries

City of Rochester—Northeast

Zip Codes 14605, 14609, 14610, 14617, 14621

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Antioch Baptist Church 304 Joseph Avenue Rochester, NY 14605 585-454-6096 http://antioch304.org/ministries.html	14605	---	---	---	---	---	---	Homeless food and clothing ministry Thursday, 11am
Baden Street Settlement 13 Vienna St Rochester, NY 14605 585-325-4910 x 1133 https://badenstreet.org/emergency-family-assistance/	14605 14609 14610 14621	Call for Appt	---	--	Call	---	Call*	Emergency and Family Assistance helps meet basic family needs. Families and individuals can receive emergency food, clothing, *rent/mortgage (if available), transportation, advocacy. Families and individuals can be referred to other services such as substance abuse treatment programs, case management, job training or employment programs.
Bethany House 1111 Joseph Avenue Rochester, NY 14621 585-454-4197 https://bethanyhouserocny.org/	14621	TU-TH 10a-1p	---	---	Children's Closet (baby clothes, diapers and wipes)	---	---	-Women as head-of-household only -Proof of family size required -NO income guidelines or restrictions
Community Food Cupboard 11 Nester Street Rochester, NY 14621 585-325-4990 http://www.rochesterfoodcupboard.org/	14604 14605 14609 14617 14621 14622	W and F 9a-4p (Appt needed)	---	---	---	---	---	Will deliver to medically referred individuals Foods for special diets, e.g. diabetic, low sodium are included where needed. Will serve outside of area once.



Monroe County Food Pantries

City of Rochester—Northeast (cont.) Zip Codes: 14605, 14609, 14610, 14617, 14621

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Community Place of Greater Rochester 145 Parsells Avenue Rochester, NY 14605 585-288-0021 https://www.communityplace.org/family-services/	14605 (partial) 14607 14609 14610 (partial) 14621	M-TH 9a-12p and 1p-3p F by appt	---	Call	Call	Call	Call*	Clients can get food every 3 months; the amount depends on household size *Rent/Mortgage Assistance if available
Gerhardt Neighborhood Outreach Center (Hope Shop at Joy Community Church) 906-918 North Goodman St Rochester, NY 14609 585-434-1600 https://gnocrochester.org/hope-shop	14609	F 12p	F 12p	---	---	---	---	Every Friday at 12noon, a light meal is served along with a brief encouragement from the Word of God. At 1pm on Fridays, fresh produce donated by Wegmans among others is distributed.
Loop Ministries located at The Lutheran Church of the Incarnate Word 597 East Avenue Rochester, NY 14607 585-738-2170 http://loopministries.org/	14603 14604 14605 14614 14620	TU & TH 10a-12p	---	---	---	---	--	Proof of address needed for food pantry
New Bethel CME Church 270 Scio Street Rochester, NY 14605 585-232-3815 http://newbethelcme.org/contact.html	14605 14609 14612 14621	TU & TH 11a-1p	---	---	---	---	---	Weekly pantry services to feed homeless people and low-income families
St. Andrew's Area Food Pantry 890 Portland Ave Rochester, NY 14621	14621 14609 (partial)	W-F 9a-11:30a	---	Call	Call	---	---	Walk-in accepted with ID proof of address and household income. Every



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City of Rochester—Northwest

Zip Codes 14606, 14608, 14612, 14613, 14615

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Charles Settlement House 71 Parkway Rochester, NY 14608 585-277-0810	14608 14611 14613	M-F 9a-5p	Sr Center M-F	Call	Yes	Call	Call*	Call for hours appointment: Best to call between 8:30am-1pm *Rental Assistance if available
Cameron Community Ministries 48 Cameron Street Rochester, NY 14606 585-254-2697 x114 https://cameroncommunity.org/programs	14606 14613	Call	M-F 12p-1:30p	---	Call	---	---	In order to serve as many people as possible, require IDs for each family member and limit requests to once a month. Clothing House Monday-Friday 8:30am-12:30pm and 2:30pm to 4pm. By appointment only, (585) 254-2697 x 108
Holy Cross Church 4492 Lake Avenue Rochester, NY 14612 585-663-5432 www.holycrossrochester.org	14612	Call	---	---	---	---	---	Serves Charlotte area only *Call the office to listen to the greeting for upcoming food pantry schedule.
Joseph's Place Sacred Heart Convent 287 Flower City Park Rochester, NY 14615 585-505-7800 https://sacredheartrochester.org/groups-and-ministries/outreach-programs/josephs-place/	14615	Call	---	---	---	---	---	Residents of Cathedral neighborhood can receive food and other items once a month. Food distributed on the 2nd, 3rd and 4th Wednesday of each month by appointment only. *Appointment calls ONLY made on 585-505-7800 Mon 1pm-3pm, Tues 9am-11am, Sat 9am-11am



Monroe County Food Pantries

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City of Rochester—Southwest

Zip Codes 14606, 14608, 14611, 14619

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Barakah Muslim Charity (See All Monroe)								
Church of Love Faith Center 700 Exchange Street Rochester, NY 14608 585-454-3270 https://colfc.org/about-us/	14606 14608 14611 14619	M and SAT 10a-12p	---	---	---	---	---	
Family Restoration Project Emergency Food Pantry 360 Wellington Ave Rochester, NY 14619 585-328-9270 http://newlifeministries.org/article/inner-city-outreach/	14608 14611 14619	Call	---	---	---	---	---	
Memorial AME Zion Church 549 Clarissa St Rochester, NY 14608 585-546-5997 https://www.memorialamezion.org/	14606 14608 14611 14619	M & W 4p-7p	---	---	M & W 4p-7p	---	---	
SWAN @ Montgomery Neighborhood Ctr 10 Cady Street Rochester, NY 14608 585-436-3090 https://www.swanonline.org/programs	14608, 14611, 14619	Call for Info	---	---	---	---	Call*	-Call for furniture when available -*Rental/mortgage assistance, Security Deposit Assistance, RG&E assistance if available
Outreach Community Center 447 Genesee Street	14606	Call for Info	3rd Sun	---	Call	---	---	The Outreach Community Center makes food available to needy families on a regular basis. Once a



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Rochester, NY 14611 585-328-0887 Service/Intake http://outreachcommunitycenter.com/services2.html	14608 14611 14619		of each month					family is signed up and placed in the system, it can receive groceries from the pantry once a month
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City of Rochester—Southwest (cont.) Zip Codes 14606, 14608, 14611, 14619

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
RF Mission (See All Monroe)								
SWEM Community Service 1049 Wegman Rd Rochester, NY 14624 585-235-4491 (office hours 10:30a-1:30p)	14428 14514 14546 14559 14606 14608 14611 14614 14619 14624 14623 *west of river	Call for Interview	---	---	---	---	---	
Zion Hill Missionary Baptist Church 250 Dr. Samuel McCree Way Rochester, NY 14611 585- 328-4660 http://zion-hill.org/pantry-info-web.pdf	14608 14611 14619	TU-TH 11a-2p F 11a-1p	---	Call	---	Call	---	Food Pantry for those in need. Families can visit the pantry once per month and shop free of charge. Can receive 3 days' worth of groceries which is a value of over \$100 which will stretch grocery budget/free up money for other bills such as gas and rent. ID required



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Monroe County Suburbs

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Multiple Towns Combined Communities Food Closet Project (through Project FISH) 585-453-2370	Greece, Charlotte, Rush-Hen, Lima, West Bloomfield	Call	---	Yes	Call	---	---	Call M-TH 9am- 3pm with requests for food. A volunteer will call back
Southwestern Monroe County SWEM Community Service 1049 Wegman Rd Rochester, NY 14624 585-235-4491 (office hours 10:30a-1:30p)	14428 14514 14546 14559 14606 14608 14611 14614 14619 14624 14623 *west of river	Call for Interview	---	---	---	---	---	
Brighton Brighton Food Cupboard (Jewish Family Service of Rochester) 585-271-5355 https://jfsrochester.org/brighton-food-cupboard/	14607 14610 14618 14620	Call M-F 9a-12p Delivery	---	Call	---	Call	---	The Brighton Food Cupboard follows a case management model. The clients do not come to the food cupboard, their case manager shops for them and delivers food to their home. The program provides weekly food deliveries, including Kosher, vegetarian, and gluten-free options.
Brockport (school district south of Ridge Rd) Brockport Ecumenical Emergency Food Shelf 14 State Street	14420	1st 4 TH of month 9a-12:30p and 2p-6p	---	---	---	---	---	Delivery will still be available by appointment for those who are either uncomfortable or unable to shop in person.



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Brockport, NY 14420 585-637-8169 http://brockportfoodshelf.org								
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Monroe County Suburbs (cont.)

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
<b style="color: red;">Greece Center 4 Hope Food Pantry 1301 Vintage La Rochester, NY 14626 www.center4hopegreece.org	14612 14615 14616 14626	1st Four TU of Month: 9a – 1:30p 2nd & 3rd TH of Month: 4pm – 7:30pm 1st Four SAT of the Month: 8:30am– 1:30pm	---	---	---	---	---	Food Pantry offers an abundance of healthy and wholesome food. Guests must provide identification and proof of residency each time they visit. Food is provided once a month by appointment only.
<b style="color: red;">Cal-Mum school district residents Cal-Mum Food Pantry 957 George Street Mumford, NY 14511 585-538-6181 https://211lifeline.org/detail.php?id=32897845	14423, 14511 and parts of 14482	Call for Info	---	---	---	---	---	
<b style="color: red;">Chili and surrounding areas First Presbyterian Church of Chili 3600 Chili Ave Rochester, NY 14624 (585) 889-9896 http://chili-presbyterian.org/new-food-cupboard/	14624	3rd SAT 10a-11:30a	---	---	---	---	---	
<b style="color: red;">Chili and surrounding areas Grace Church of the Nazarene Food Pantry 2924 S. Union St	14624	Last W of Month	---	---	---	---	---	



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Rochester, NY 14624 585-594-4555 https://www.gracenazroc.com/food-pantry		5:30p-7p					
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Monroe County Suburbs (cont.)

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
East Rochester East Rochester Community Resource Center 333 East Chestnut Street East Rochester, NY 14445 585-586-0525 http://astrochester.org/Community-Resources/Resource-Center	14445	Call for Info	---	---	Call	---	---	
Gates-Chili school district Gates Chili Food Pantry 3 Spartan Way Rochester, NY 14624 585-247-5050 x 12114	14606 14624	1st and 3rd W 3p-4p	---	Call	---	Call	---	Hygiene and household supplies dependent upon availability
Gates St. Theodore's Church Food Cupboard 168 Spencerport Road Rochester, NY 14606 585-429-5360 http://www.sttheodoreschurch.com/ministries/	14606 14624	M, W & TH 10a-12p	---	---	M 12p-2p W 11a-1p TH 10a-12p	---	---	The church has a separate clothing closet. Also has a monthly program for families who need our help on a regular basis and who qualify after an interview. Pick up day is the 3rd Wednesday of every month.
Greece/Charlotte Greece Ecumenical Food Shelf 500 Maiden Lane Rochester, NY 14616 585-683-9674 (hotline) www.facebook.com/greecefoodshelf	14612 14615 14616 14626	Call for Appt Delivery to homebound	---	Yes	Yes	Call	---	Calls accepted 24/7, returned M-F 9a-3p Hygiene and Household supplies dependent upon availability



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Monroe County Suburbs (cont.)

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Greece, Charlotte, Hamlin Mission Share Outreach Ctr 10 Cedarfield Commons Rochester, NY 14612 585-368-0744 https://missionshareoutreach.org/services	14612 14615 14616 14626 14468	TU, W & TH 9a-3p	---	Yes	Yes	---	---	Pregnancy Care Center
Hamlin, Clarkson (parts) Life Solutions of Hamlin 1696 Lake Road Hamlin, NY 14464 585-964-7420 press 0 https://www.lifesolutionshamlin.org/projects	14464	Call for Appt	---	Yes	Yes	Yes	---	Clothing and household supplies: Emergencies only from Treasure Store (585) 204-2130 Also provides Easter, Thanksgiving and Christmas programs (food) Backpack program for children who received services in past year, coordinated with school district.
Hilton, Parma (school district residents) Hilton-Parma Emergency Food Shelf 59 Henry Street, Rm 201 Hilton, NY 14468 585-234-2090 https://hiltonparmacommunitycouncilofchurches.weebly.com/	14468	Call	---	Yes	Referrals Available	Yes	---	By appointment Hygiene and household supplies if available.
Honeoye Falls, Mendon, W. Bloomfield Honeoye Falls Friends in Service Here (FISH) 33 Monroe Street Honeoye Falls, NY 14472 585-484-7103 www.facebook.com/hffoodcupboard	14472 14506 14585	W By Appt M-TH	---	Yes	---	Yes	---	Household supplies when available



Monroe County Food Pantries

		Calls 9a-4p					
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Monroe County Suburbs (cont.)

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Irondequoit Irondequoit Community Cupboard 2841 Culver Road Rochester, NY 14622 585-336-9107 www.irondequoitcommunitycupboard.org	14617 14622 Parts of 14609, 14621	TU and SAT 9:30a-11a By appt	---	---	---	---	---	
Irondequoit Community Food Cupboard (see City NE)								
Penfield school district Penfield Ecumenical Food Shelf 1618 Jackson Road Penfield, NY 14526 585-234-0799 https://www.penfieldecumenicalfoodshelf.com/	14526 14625	W Call for Appt	---	---	---	---	---	
Penfield Southeast Bible Baptist MyGround Foodbank 1850 Fairport Nine Mile Pt Road Penfield, NY 14526 585-388-0850 https://myground.org/foodbank	14526	Call	---	Call	---	Call	---	
Perinton, Fairport Perinton Food Shelf P.O. Box 381 Fairport, NY 14550 585-425-7410	14450	M-F 9a-5p	---	---	---	---	---	By appointment only. A volunteer will call back within 24 hours during weekdays.



Monroe County Food Pantries

http://perintonfoodshelf.org/							
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Monroe County Suburbs (cont.)

Organization	Zip Codes Served	Food Pantry	Hot Meal	Hygiene Supplies	Clothing	Household Supplies	Rent or Mortgage Assistance	Other Supports Available
Pittsford, E. Rochester, Brighton, Mendon, Honeoye Falls, SE Rochester Pittsford Food Cupboard 3800 Monroe Ave Pittsford Business Park, Suite 26 Pittsford, NY 14534 585-286-9860 http://www.pittsfordfoodcupboard.net/	14445 14472 14506 14534 14607 14610 14618 14620	TU & F 9:30a-1:30p 1st and 3rd SAT 9:30a-11:30a	---	Yes	---	Yes	---	
Spencerport, Ogden & Spencerport school district Spencerport Ecumenical Food Shelf 425 Ogden-Parma Town Line Rd Spencerport, NY 14559 585-397-0290 https://www.communitywishbook.org/spencerport-area-ecumenical-food-shelf.html	14559	Call	---	---	---	---	---	
Webster Webster Hope, Inc 1450 Ridge Rd. Webster, NY 14580 585-265-6694 www.websternyhope.org	14580	Call	---	Yes	Yes	Yes	Call*	May have small kitchen appliances, dishes, etc. Financial Assistance: rent if available prevention of homelessness Furniture: On occasion



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